

Frieder Dieck

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An: Frieder Dieck
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GKS "STOCZNIOWIEC"

and

City of Gdańsk

are pleased to invite you to take part
in

"BALTIC CUP"

INTERNATIONAL FIGURE SKATING COMPETITIONS

IN

**JUNIOR AND NOVICES (advanced)
CATEGORIES**



**TO BE HELD IN GDAŃSK, POLAND
FEBRUARY 03 – 05. 2012 .**



ANNOUNCEMENT

The competition will be conducted in accordance with the ISU Constitution and General Regulations 2010, the Special Regulations & Technical Rules Single & Pair Skating and Ice Dance 2010 and the relevant ISU Communications .

For the Novice category in accordance with ISU **Communication 1649**.

Place and date of Competition: Ice rink: HSW "Olivia"
Al. Grunwaldzka 470

February 03-05. 2012

Contact us: GKS Stocznowiec Gdańsk
Fax.: + 48-58 552-02-51 Tel.: + 48-58 552-20-91
E-mail: sekretariat@stocznowiec.org.pl

Entries: The Entries of competitors, judges, team leaders, couches, chaperons and other persons must reach the following address at the latest on **January 15 th 2012**

Deadline for entries: **The entries must receive not later then JANUARY 15TH 2012**

Entries must be sent to: Fax.: + 48-58 552-02-51
E-mail: sekretariat@stocznowiec.org.pl

Events: **Single Skating: Junior , Advanced Novice**
Ice Dance: Junior ,Advanced Novice

Calculation of Results : The Competition will be held in accordance with the ISU General Regulations 2010 and ISU Special Regulations Ice Dance 2010 for Junior and Novice.

Charges: 20 EUR is to be paid for each competitor prior to the Competition .

Judges: Each participating association or club may nominate one International Judge for figure skating and ice dance. In case of too many nominated judges the organizer will draw the panel of judges after the closing date of entries. The written confirmation will be sent to each association immediately.

| | |
|------------------------|---|
| Liability: | <p>In accordance with the ISU Regulations the organizer does accept no liability for the damage or injuries any of participants, judges, officials or others may suffer.</p> <p>The organizer will provide medical emergency aid during competition and the practice time.</p> |
| Music: | <p>Music will be reproduced from a cassettes (normal speed) or Compact Discs. CD's and cassettes must be labeled clearly with the competitor's name and category in which the competitor is competing. Such labeled cassettes or CDs should be delivered to the organizer immediately after the arrival to the hotel.</p> |
| Practices | <p>The official practices will be held on ...3...th of February 2012 from 11 am. - 6 pm.</p> |
| Draw | <p>The official draw will be held on ...3.th of February 2012 at the Hotel “ OLIVIA “ 19 p.m</p> |
| Transportation | <p>The organizer will provide the transportation between the airport / railway station and the hotel /ice rink (Charge 8 EURO per person).</p> |
| DATE OF ARRIVAL | <p>All the participants must arrive on ...3..th February 2012 before the official draw.</p> |
| Expenses: | <p>The organizer will cover the hotel and food costs for the Referees, Judges, Technical Specialists, Assistance Technical Specialists and the Technical Controllers from the lunch ...3.th of February to breakfast ...6th... of February 2012</p> <p>Travel expenses will be paid only to the invited Referees, the Technical Specialists, Assistance Technical Specialists and the Technical Controllers based on economy fare.</p> <p>All Competitors, Coaches and Team Leaders have to bear their own expenses.</p> |
| Prizes | <p>Competitors placed in first three places in each category obtaining Cups, all participants diplomas.</p> |
| Accommodation: | <p>All participants will be accommodated in the:</p> <p>Hotel “ OLIVIA ” Al. Grunwaldzka 470 GDAŃSK</p> <p>Single room: 50 EURO including full board per day Double room: 70 EURO including full board per day Triple room: 90 EURO including full board per day</p> <p>We shall arrange reservation after the entry of each team. Please give us an information what kind of rooms you prefer for your team.</p> |

Meals

Will be offered in Ice Rink: Olivia Hall - Restaurant

Payment

Payment for accommodation, meals and transportation will be in cash or credit card.

Victory Ceremony

All the participants will be presented on the ice during the final victory ceremony.

Categories:

1. JUNIOR LADIES- FIGURE SKATING

Competition for Juniors will be held in accordance with ISU Technical Rules Single&Pairs Skating 2010 in Short and Free Skating

Short Program

Duration: max 2 min.50 sec

The Junior Short Program shall consist of the following required elements:

- a) Double Axel Paulsen;
- b) Double or triple Lutz jump immediately preceded by connecting steps and/or by other comparable Free Skating movements;
- c) Jump combination consisting of two double jumps or one double and one triple jump or two triple jumps;
- d) Flying sit spin;
- e) Layback or sideways leaning spin;
- f) Spin combination with all the three basic positions (sit, camel, upright or any variation thereof) and with only one change of foot;
- g) Step sequence (straight line, circular or serpentine).

Free Skating

Duration: 3 min 30 sec +/- 10 sec in accordance with ISU Technical Rules Single & Pair Skating 2008 and the respective ISU Communication.

A well balanced Free Skating program must contain:

- maximum of 7 jump elements (one of which must be an Axel type jump)
- maximum of 3 spins,one of which must a spin combination,one a flying spin or spin with flying entrance and one spin with only one position
- maximum of 1 step sequence.

2. ADVANCED NOVICE GIRLS and BOYS- FIGURE SKATING

According to the ISU Communication 1649

Ladies and men may not be younger than 10 before July 1st preceding the competition and must not have reached the age of 15 by July 1st preceding the competition.

The prescribed elements to be skated are those listed in ISU Communication No.1649

Short program for Girls

Durations : max.2 min 30 sec.

- a) Axel Paulsen or Double Axel Paulsen
- b) Double or Triple jump immediately preceded by connecting steps not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b).
- d) Layback or sideways leaning spin (minimum of six(6) revolutions)
- e) Spin combination with only one change of foot and at least one change of position (minimum of (5) revolutions of each foot)
- f) One Step sequence with full utilization of the ice surface (straight line, serpentine or circular).

Short program For Boys

Duration: max.2min30sec.

- a) Axel Paulsen or Double Axel Paulsen
- b) Double or Triple jump immediately preceded by connecting steps not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Camel or sit spin (minimum of six(6) revolutions of each foot)
- e) Spin combination with only one change of foot and at least one change of position (minimum of five(5) revolutions of each foot)
- f) One step sequence, with full utilization of ice surface (straight line, serpentine or circular).

Free Skating For GIRLS and BOYS

Durations: Girls : 3min (+/- 10 sec)

Boys : 3min30 sec (+/- 10 sec)

The prescribed elements to be skated are those listed in ISU Communication No 1649

A well balanced Free Skating program for Singles must contain:

- a) Maximum of 6 jump elements for Girls and Maximum of 7 jump elements for Boys one of which must be an Axel type. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Only two (2) jumps with two and half (2 ½) revolutions or more can be repeated either in a jump combination or in a jump sequence.
- b) There must be a maximum of two(2) spins of different nature, one of which

- must be a spin combination (minimum of 10 revolutions) and one a flying spin or spin with a flying entrance (minimum of six(6) revolutions).
- c) There must be a maximum of one (1) step sequence.

4. JUNIOR ICE DANCE

Short Dance

In accordance with ISU Technical Rules Ice Dance 2010, Rule 609 and all Pertinent ISU Communications.

Rhythms:

Cha Cha or Cha Cha plus one of the following Latin American Rhythms: Rhumba, Samba, Mambo, Merengue.

2 Required Elements in the Pattern Dance Part: **Two (2)** sequences of **Cha Cha Congelado**, skated one after the other.

3 Required Elements in the Creative part: **One (1)** Short Lift, **One (1)** Not Touching Midline Step Sequence, **One (1)** Set of Sequential Twizzles.

The Pattern Dance Elements must be skated on the Cha Cha Rhythm, in the style of the Cha Cha, with the following range of tempo: 28 to 30 measures of four beats per minute (112-120 beats per minute). The tempo of music throughout the Pattern Dance Elements must be constant.

Latin American Rhythms are described in the ISU Ice Dance Music Rhythms Booklet 1995, pages 13 to 20 (Note: Tango and Paso Doble, which are not included in the description, are not allowed).

Music for the entire Short Dance (including music for specified Pattern Dance) is provided by the couple and may be vocal.

Duration: 2 min., 50 sec., +/- 10 sec

Free Dance

In accordance with ISU Technical Rules Ice Dance 2010, Rule 610 and all pertinent ISU Communications. For the values of the required elements and components see the respective ISU Communication.

ISU Technical Rules Ice Dance 2010, Rule 610 paragraph 2 (well balanced program and required elements) and the relevant ISU Communication must be observed.

Duration: 3 min., 30 sec., +/- 10 sec.

5.ADVANCED NOVICE ICE DANCE

According to the ISU Communication 1649

Ice Dance – Ladies and men may not be younger than 10 before July 1st preceding the competition and must not have reached the age of 15 by July 1st preceding the competition

Pattern Dance

Two (2) Pattern Dances are to be skated for Advanced Novice.

ICE DANCE For the 2011/12 season. One group of two Pattern Dances shall be drawn before the first practice of the competition:

Group 1: **#4 European Waltz #20 Tango**

Group 2: **#3 Rocker Foxtrot #9 Starlight Waltz**

Free Dance

A Well Balanced Free Dance program must contain

a) Two (2) different Types of Short Lifts (as defined in Rule 604, paragraph 16), chosen from the following Types of Lifts:

a) Straight Line Lift

b) Curve Lift

c) Rotational Lift

In addition, one (1) additional Lift (up to 6 seconds) without any requirement for the Level of Difficulty is permitted (provided it is not an Illegal Lift), but only the first two Lifts performed will be identified and considered in determining the Level of Difficulty. However if a fourth Lift is performed, it will be considered by the Technical Panel as an extra element. In case a Stationary Lift is performed among the two Lifts with a Level of Difficulty, it will be identified by the Technical Panel to occupy a box, given No Value, and considered as an extra element (element not according to the Well Balanced Program).

b) One (1) Spin (as defined in Rule 604, paragraph 14 e), but not more

Note: A Combination Spin is not permitted. In case a Combination Spin is performed instead of a Spin, it will be identified by the Technical Panel to occupy a box, given No Value, and considered as an extra element (element not according to the Well Balanced Program).

c) One (1) Step Sequence in hold of any type of Groups A or B (as defined in Rule 603, paragraph 3). The restrictions listed in ISU Communication 1610 and subsequent updates of this ISU Communication apply.

d) One (1) Set of Synchronized Twizzles (as defined in Rule 604, paragraph 14 a) and b): only the first set of Synchronized Twizzles skated will be identified and considered for the Level of Difficulty.

Duration: 3 min. +/- 10 sec.

Levels explanations

In all Required Elements, all features up to **Level 4** will be counted.

All **Program Components** are judged with the following factors:

Skating Skills 1.10

Transitions/ Linking Footwork/Movements 0.90

Performance/Execution 0.90

Composition/Choreography 0.90

Interpretation/Timing 0.90

Rule 610 shall apply except that vocal music is **not** permitted. The use of vocal music shall be considered as a violation of music restriction and penalized as per Rule 653, paragraph 1 n) (ii) and Rule 409, paragraph 1.

Requirements for the music and the costume: as per ISU Communication 1610 and subsequent updates of this ISU Communication (except that music may not

be vocal).